



Wakefield Food Pantry Fact Sheet – FY 2025

WHAT

We are a community-based non-profit whose mission is to provide a variety of food, household necessities, and support to those in need. We strive to offer a welcoming environment and to serve our guests with respect, dignity, and compassion. Between July 2024 and June 2025, the Wakefield Food Pantry:

- Served more than 740 families over 6,573 visits,
- Enabled families and individuals access to 24,442 bags of food, providing 285,150 meals,
- Delivered food to three of our low-income senior housing facilities via our *Senior Distribution Program*,
- Stocked a grab and go with healthy options at the “*Quick Stop*” at the Senior Center,
- Provided nutritious food for over 75 families with children through our summer *Kids First Program*
- Stocked a *mini pantry* at the Galvin Middle School,
- Supplemented food given at the veterans’ monthly food distribution through our *Veteran’s Program*,
- Provided *emergency food bins* to churches and the police department for those in immediate need, and
- Promoted, stocked, and maintained our numerous *Little Free Pantries* located around town.

WHO

The people we serve:

- 19% Senior Citizens
- 29% are families with children (351 total children)
- 51% are single-person households
- 13% are disabled

WHY

People visit us for several reasons including:

- Job loss, stagnant wages or low paying job,
- Health issues and the high costs associated with an illness,
- Disabled ,elderly, or living on a fixed income,
- Single parent households,
- Mental health issues.

HOW

Through food, funding, staffing and other resources provided by:

- A caring, generous community,
- Dedicated business and community partners,
- A wonderful group of over 90 volunteers,
- A committed Board of Directors, and
- The Greater Boston Food Bank.

HUNGER FACTS

- One in three people in Massachusetts are food insecure.
- Cost of food is the leading cause of food insecurity—73% of food-insecure individuals said that high inflation and rising food costs were the biggest barriers to food security.
- Most of those making minimum wage (\$31.200) earn too much to qualify for government assistance.
- SNAP benefits (food stamps) are too low to allow people to purchase enough food.
- Massachusetts residents are at a higher hunger risk because of higher housing, fuel and utility costs.

CONTACT US

For further information or to learn how you can help, visit our website at www.wakefieldfoodpantry.org, call us at 781-245-2510 or email us at info@wakefieldfoodpantry.org.